



Peace Meal

Senior Nutrition

Volunteers Needed

Peace Meal Senior Nutrition Program, is looking for volunteers to help deliver meals to seniors in your community.

Peace Meal participants receive a noon meal five days a week, enabling many to remain independent and in their homes.

Volunteers pick up meals at the local site and deliver them to participants. The delivery route takes less than an hour to complete.

For more information, and to learn how you can help your neighbors, give us a call.

 Sarah Bush
Lincoln
Trusted Compassionate Care

Peace Meal
915 Lincoln Avenue
Charleston, IL 61920-3005
217-345-1800

1-800-543-1770
peacemeal@sblhs.org